

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
EYFS	Fine motor skills Using bikes and climbing frame outside Travelling and Balancing 3, 1, 2, 5, 6, 9	Fine motor skills Ball skills – rolling, throwing and catching Fundamental movements 3, 1, 2, 7,	Fine motor skills Gymnastics Ball skills – kicking and passing 3, 2, 4, 5, 6, 7, 9		Dance – country dancing 8	Athletics 2, 5, 6, 9,

Year 1/2 Cycle A	Fundamental Movement/ Multi Skills 1.1, 1.2, 1.3, 1.4, 1.6, 1.7, 1.8, 1.9 2.1, 2.2, 2.3, 2.4, 2.6, 2.8, 2.9	Fundamental Movement/ Multi Skills 1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 1.9 2.1, 2.2, 2.4, 2.5, 2.6, 2.8, 2.9	Team Games (Dodgeball) 1.1, 1.2, 1.3, 1.4, 1.6, 1.9 2.1, 2.2, 2.3, 2.4, 2.6, 2.7, 2.8, 2.9	Team Games 1.1, 1.2, 1.3, 1.4, 1.6, 1.9 2.1, 2.2, 2.3, 2.4, 2.6, 2.7, 2.8, 2.9	Athletics 1.1, 1.2, 1.3, 1.4 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7 2.8, 2.9	Athletics 1.1, 1.2, 1.3, 1.4 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7 2.8, 2.9
	Gymnastics 1.1, 1.2, 1.3, 1.4, 1.6, 1.7, 1.8, 1.9 2.1, 2.2, 2.3, 2.4, 2.6, 2.8, 2.9	Xmas Show Dance 1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 1.9 2.1, 2.2, 2.4, 2.5, 2.6,	Gymnastics 1.1, 1.2, 1.3, 1.4, 1.6, 1.7, 1.8, 1.9 2.1, 2.2, 2.3, 2.4, 2.6, 2.8, 2.9	Dance Sun/Moon and Stars 1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 1.9 2.1, 2.2, 2.4, 2.5, 2.6,	Country Dancing 1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 1.9 2.1, 2.2, 2.4, 2.5, 2.6	Sports Day Specific Skills
YEAR 1/2 Cycle B	Fundamental Movement/ Multi Skills 1.1, 1.2, 1.3, 1.4, 1.6, 1.7, 1.8, 1.9 2.1, 2.2, 2.3, 2.4, 2.6, 2.8, 2.9	Fundamental Movement/ Multi Skills 1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 1.9 2.1, 2.2, 2.4, 2.5, 2.6,	Team Games 1.1, 1.2, 1.3, 1.4, 1.6, 1.9 2.1, 2.2, 2.3, 2.4, 2.6, 2.7, 2.8, 2.9	Team Games (Basketball) 1.1, 1.2, 1.3, 1.4, 1.6, 1.9 2.1, 2.2, 2.3, 2.4, 2.6, 2.7, 2.8, 2.9	Athletics 1.1, 1.2, 1.3, 1.4 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7 2.8, 2.9	Athletics 1.1, 1.2, 1.3, 1.4 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7 2.8, 2.9
	Gymnastics 1.1, 1.2, 1.3, 1.4, 1.6, 1.7, 1.8, 1.9 2.1, 2.2, 2.3, 2.4, 2.6, 2.8, 2.9	Xmas Show Dance 1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 1.9 2.1, 2.2, 2.4, 2.5, 2.6,	Gymnastics 1.1, 1.2, 1.3, 1.4, 1.6, 1.7, 1.8, 1.9 2.1, 2.2, 2.3, 2.4, 2.6, 2.8, 2.9	Dance Animals/Zoos 1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 1.9 2.1, 2.2, 2.4, 2.5, 2.6,	Country Dancing 1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 1.9 2.1, 2.2, 2.4, 2.5, 2.6	Sports Day Specific Skills

YEAR 3/4 Cycle A	Fitness 3.2, 3.3, 3.4, 3.5, 3.6, 3.9 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.9	Hockey 3.2, 3.3, 3.4, 3.5, 3.6, 3.9 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.9	Benchball/end ball 3.2, 3.3, 3.4, 3.5, 3.6, 3.9 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.9	Tri-Golf 3.2, 3.3, 3.4, 3.6, 3.7, 3.9 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.9	Athletics 3.2, 3.3, 3.4, 3.5, 3.6, 3.9 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.9	Striking/Fielding 3.2, 3.3, 3.4, 3.5, 3.6, 3.9 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.9
	Egyptians Dance 3.2, 3.3, 3.6, 3.7, 3.9 4.1, 4.2, 4.3, 4.5, 4.6, 4.7, 4.9	Gymnastics 3.2, 3.3, 3.6, 3.7, 3.9 4.1, 4.4, 4.5, 4.5, 4.6, 4.8, 4.9	Gymnastics (apparatus) 3.2, 3.3, 3.6, 3.7, 3.9 4.1, 4.4, 4.5, 4.5, 4.6, 4.8, 4.9	Romans/ Invasion Dance 3.2, 3.3, 3.6, 3.7, 3.9 4.1, 4.2, 4.3, 4.5, 4.6, 4.7, 4.9	Y4- Swimming Y3- Tennis 3.2, 3.3, 3.4, 3.6, 3.7, 3.8, 3.9 4.1, 4.2, 4.3, 4.5, 4.6, 4.7, 4.9 Country Dancing 3.2, 3.3, 3.6, 3.7, 3.9 4.1, 4.2, 4.3, 4.5, 4.6, 4.7, 4.9	Athletics Award 3.2, 3.3, 3.4, 3.5, 3.6, 3.9 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.9

YEAR 3/4 Cycle B	Invasion Games (Basketball)	Hockey	Benchball/end ball	Tri-Golf	Athletics	Striking/ Fielding
	Gymnastics	Iron Man/Robots Dance	80's Dance	Gymnastics (apparatus)	Y4- Swimming Y3- Tennis Country Dancing	Athletics Award

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YEAR 5/6 Cycle A	Ultimate Frisbee 2, 5.3, 5.5, 5.6, 5.8 6.2, 6.3, 6.5, 6.6, 6.8	Football 5.2, 5.3, 5.5, 5.6, 5.8 6.2, 6.3, 6.5, 6.6, 6.7	Hockey 5.2, 5.3, 5.5, 5.6, 5.8 6.2, 6.3, 6.5, 6.6, 6.8	Striking/Fielding 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7	Athletics 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7	Y6- Swimming Y5- Badminton 5.8, 6.5, 6.7,
	Indoor Athletics Y5/6 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7	Indoor Athletics Y5/6 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7	Gymnastics 5.1, 5.4, 5.5, 5.6, 5.8, 5.9 6.1, 6.2, 6.5	Dance Roofstoppers Paris Roof Tops 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.1, 6.2, 6.5	Country Dancing 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.1, 6.2, 6.5	Athletics Award 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7
YEAR 5/6 Cycle B	Dodgeball 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7	Football 5.2, 5.3, 5.5, 5.6, 5.8 6.2, 6.3, 6.5, 6.6, 6.7	Hockey 5.2, 5.3, 5.5, 5.6, 5.8 6.2, 6.3, 6.5, 6.6, 6.8	Spikeball 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7	Athletics 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7	Y6- Swimming Y5- Badminton 5.8, 6.5, 6.7,
	Indoor Athletics Y5/6 1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7	Indoor Athletics Y5/6 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7	Space Dance Holst Classical Planets War of the Worlds Interstellar 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.1, 6.2, 6.5	Gymnastics 5.1, 5.4, 5.5, 5.6, 5.8, 5.9 6.1, 6.2, 6.5	Country Dancing 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.1, 6.2, 6.5	Athletics Award 5.1, 5.2, 5.3, 5.5, 5.6, 5.7 6.2, 6.3, 6.6, 6.7